

Robert Outten

203 Life Sciences Center
Trinity College, 300 Summit Street,
Hartford, CT 06106
robert.outten@trincoll.edu, 860-297-4014

RESEARCH INTERESTS

Intergroup relations; Coping with discrimination; Social inequality; Collective identity;
Diversity; Intergroup emotions

EDUCATION

February, 2013 **Ph.D. Social Psychology**, Simon Fraser University

Dissertation: *To engage or disengage? How group-based coping options explain the relationship between group identification and well-being for disadvantaged groups*. Senior Supervisor: Dr. Michael T. Schmitt; Supervisors: Dr. Stephen C. Wright and Dr. Kim Bartholomew

May, 2008 **M.A. Social Psychology**, Simon Fraser University

Thesis: *Coping options: Missing links between minority group identification and psychological well-being*. Senior Supervisor: Dr. Michael T. Schmitt; Supervisor: Dr. Stephen C. Wright

June, 2005 **Honors B.A. Psychology & History (Double Major)**, York University

Thesis: *Race does matter: The role of race, racial salience & racial identity in perceiving possible instances of discrimination*. Supervisor: Dr. Richard N. Lalonde

ACADEMIC POSITIONS

July 2015- Assistant Professor of Psychology, Trinity College

July 2013-June 2015 Postdoctoral Research Fellow, Institute of Social Sciences, University of Lisbon

MAJOR RESEARCH GRANTS

Primary Investigator

2013-2015 Fundação para a Ciência e Tecnologia Postdoctoral Grant, *Examining the socio-psychological and contextual factors that affect majority' group members responses to anticipated ethnic demographic changes*, \$35,880 €

2009-2012 Social Sciences and Humanities Research Council-Joseph Armand Bombardier Doctoral Fellowship, *More than an individual effort: Examining the importance of intergroup coping options in alleviating the harm associated with perceived discrimination*, \$105,000 CDN

FELLOWSHIPS, AWARDS & HONORS

2016 Society for Personality and Social Psychology Teacher/Scholar Travel Award—*for faculty who work exclusively with undergraduate students*, \$500 USD

2012 Simon Fraser University President's PhD Research Stipend, \$6250 CDN

2012 Simon Fraser University Graduate Travel and Minor Research Award, \$625 CDN

2011 Canadian Psychological Association Student Travel Award, \$130 CDN

2011 Simon Fraser University Graduate Travel and Minor Research Award, \$500 CDN

2010 Simon Fraser University Graduate Travel and Minor Research Award, \$400 CDN

2009 Simon Fraser University Graduate Fellowship-Doctoral, \$6250 CDN

2008 Simon Fraser University Graduate Fellowship-Masters, \$6250 CDN

2007 Simon Fraser University Graduate Fellowship-Masters, \$6000 CDN

2009 Summer Institute in Social Psychology, Society of Personality and Social Psychology, Scholarship, \$750 USD

2008 Society for the Psychological Study of Social Issues Graduate Travel Award, \$500 USD

2007 Society for Personality and Social Psychology Travel Award, \$500 USD

2006 Simon Fraser University Special Graduate Entrance Scholarship, \$4000 CDN

2000 York University Entrance Scholarship, \$500 CDN

2000 Association for the Advancement of Blacks in the Health Sciences Scholarship (AABHS), \$700 CDN

PEER-REVIEWED JOURNAL ARTICLES (*indicates Trinity student co-author)

Outten, H. R., *Lee, T., & *Lawrence, M. E. (in press). Heterosexual women's support for trans-inclusive bathroom legislation depends on the degree to which they perceive trans women as a threat. *Group Processes and Intergroup Relations*.

Outten, H. R., *Lee, T., Costa-Lopes, R., Schmitt, M. T., & Vala, J. (2018). Majority group members' negative reactions to future demographic shifts depend on the perceived legitimacy of their status: Findings from the United States and Portugal. *Frontiers in Psychology, 9*:79, 1-12.

Outten, H. R., & Schmitt, M. T. (2015). The more "intergroup" the merrier? The relationship between ethnic identification, coping options, and life satisfaction among South Asian Canadians. *Canadian Journal of Behavioural Science/Revue Canadienne Des Sciences du Comportement, 47*, 12-20.

Giamo, L. S., Schmitt, M. T., & **Outten, H. R.** (2012). Perceived discrimination, group identification, and life satisfaction among multiracial people: A test of the rejection-identification model. *Cultural Diversity and Ethnic Minority Psychology, 18*, 319-328.

Outten, H. R., Schmitt, M. T., Miller, D. A., & Garcia, A. L. (2012). Feeling threatened about the future: Whites' emotional reactions to anticipated ethnic demographic changes. *Personality and Social Psychology Bulletin, 38*, 14-25.

Outten, H. R., Giguère, B., Schmitt, M. T., & Lalonde, R. N. (2010). Racial identity, racial context and ingroup status: Implications for attributions to discrimination among Black Canadians. *Journal of Black Psychology, 36*, 172-196.

Outten, H. R., Schmitt, M. T., Garcia, D. M., & Branscombe, N. R. (2009). Coping options: Missing links between minority group identification and psychological well-being. *Applied Psychology, 58*, 146-170.

MANUSCRIPTS IN PREPARATION (*indicates Trinity student co-author)

*Lee, T., & **Outten, H. R.** *Model minority myth salience heightens White Americans' negative perceptions of Black Americans and reduces support for affirmative action.* Manuscript in preparation.

Outten, H. R., & *Ferguson, Z. *Americans' attributions about a mass shooting and its perpetrator: The role of the perpetrator's cultural background.* Manuscript in preparation.

Outten, H. R., & Schmitt, M. T. *Different strokes for different folks? How coping options explain the relationship between group identification and well-being for Black people and gay people.* Manuscript in preparation.

CONFERENCE PRESENTATIONS (*indicates Trinity student co-author)**Symposia & Paper Presentations**

- Outten, H. R.**, Costa-Lopes, R., Schmitt, M. T., & Vala, J. (2016, July). *The psychological consequences of thinking about increased racial/ethnic diversity in the future: A cross-national investigation*. Paper presented at the 23rd Congress of the International Association for Cross-Cultural Psychology, Nagoya, Japan.
- Outten, H. R.**, & Schmitt, M. T. (2016, June). *Identification as a coping resource for gay men and lesbians*. Paper presented at the 2016 Conference for the Society for the Psychological Study of Social Issues, Minneapolis, Minnesota, United States.
- Outten, H. R.**, Lopes, R., & Schmitt, M. T. (2015, March). *The interplay between group identification and perceived inferiority: Implications for women's appraisals of options for coping with discrimination and well-being*. Paper presented at the 10th International Conference Woman in Culture: "Gender, Culture & Migration", Gdansk, Poland.
- Outten, H. R.**, & Schmitt, M. T. (2014, July). *Different coping for different folks? How group identification protects well-being among racial and sexual minorities*. Paper presented at the 17th General Meeting of the European Association of Social Psychology, Amsterdam, Netherlands.
- Outten, H. R.**, Schmitt, M. T., & Pinegar, S. (2014, July). *Glorifying the past or preferring current social hierarchies? Examining the link between traditionalism and prejudice*. Paper presented at the Annual Meeting of the International Society of Political Psychology, Rome, Italy.
- Giamo, L. S., Schmitt, M. T., & **Outten, H. R.** (2010, January). The influence of perceptions of discrimination and parental ethnicity on multiracial identity. In T. L. Pittinsky (Chair), *Check All That Apply: The Psychological Costs and Benefits of Adopting a Multiracial Identity*. Symposium conducted at the 11th annual meeting of the Society for Personality and Social Psychology, Las Vegas, Nevada, United States.
- Outten, H. R.**, Schmitt, M. T., Garcia, D. M., & Branscombe, N. R. (2009, August). When coping, don't believe in yourself, believe in your group! In S. A. Haslam and J. M. Jones (Chairs), *The Social Cure: How Group Memberships Benefit Health and Well-Being*. Symposium conducted at the 117th annual American Psychological Association conference in Toronto, Ontario, Canada.
- Outten, H. R.**, Schmitt, M. T., Garcia, D. M., & Branscombe, N. R. (2009, April). More than an individual effort: Examining the importance of intergroup coping options in alleviating the psychological harm associated with membership in a disadvantaged group. In C. Blatz (Chair), *Power Relations in the Cultural Mosaic: Majority and Minority Perspectives on the Intergroup Power Hierarchy*. Symposium conducted at the Western Psychological Association's 89th annual convention in Portland, Oregon, United States.

Outten, H. R., Schmitt, M. T., Garcia, D. M., & Branscombe, N. R. (2008, June). Linking identification and psychological well-being: Assessing group level appraisals. In D. Bleeker, C. van Laar and N. Ellemers (Chairs), *Disadvantaged Ingroups as a Resource for Ingroup Members*. Symposium conducted at the 7th Biennial Society for the Psychological Study of Social Issues conference in Chicago, Illinois, United States.

Poster Presentations

Outten, H. R., & *Ferguson, Z. (2019, February). *Americans' attributions about a mass shooting and its perpetrator: The role of the perpetrator's cultural background*. Poster presented at the 20th annual meeting of the Society for Personality and Social Psychology, Portland, Oregon, United States.

*Lee, T., & **Outten H. R.** (2019, February). *Model minority myth salience heightens White Americans' negative perceptions of Black Americans and reduces their support for affirmative action policies*. Poster presented at the 20th annual meeting of the Society for Personality and Social Psychology, Portland, Oregon, United States.

Outten, H. R., & *Dorsey II, P. B. (2018, March). *A single mother's marital status shapes impressions of her character*. Poster presented at the 19th annual meeting of the Society for Personality and Social Psychology of the Society for Personality and Social Psychology, Atlanta, Georgia, United States.

*Lawrence, M. E., **Outten, H. R.,** & *Lee, T. (2017, January). *The interplay between cisgender women's gender identification and gender ideology in predicting distinctiveness threat and transphobia*. Poster presented at the 18th annual meeting of the Society for Personality and Social Psychology, San Antonio, Texas, United States.

Outten, H. R., *Lawrence, M. E., & *Lee, T. (2017, January). *The role of gender ideology in cisgender women's psychological responses to bathroom bills*. Poster presented at the 18th annual meeting of the Society for Personality and Social Psychology, San Antonio, Texas, United States.

Outten, H. R., & Schmitt, M. T. (2013, May). *Appraisals of group-based coping options as mediators of lesbian identity and well-being*. Poster presented at the 25th annual meeting of the Association for Psychological Science, Washington, D.C., United States.

Outten, H. R., & Schmitt, M. T. (2012, January). *Coping collectively: Clarifying the relationship between perceived illegitimacy of discrimination and self-esteem among members of disadvantaged social groups*. Poster presented at the 13th annual meeting of the Society for Personality and Social Psychology, San Diego, California, United States.

Outten, H. R., Giamo, L. S., & Schmitt, M. T. (2011, June). *An inventory of group-based options for coping with discrimination: A preliminary investigation of factor structure.* Poster presented at the Canadian Psychological Association's 72nd annual convention in Toronto, Ontario, Canada.

Giamo, L. S., **Outten, H. R.,** & Schmitt, M. T. (2011, January). *Developing a multidimensional measure of options for coping with discrimination.* Poster presented at the 12th annual meeting of the Society for Personality and Social Psychology, San Antonio, Texas, United States.

Outten, H. R., Schmitt, M. T., & Miller, D. A. (2011, January). *Can growing diversity shift intergroup emotions and group identification? The role of intergroup threat appraisals.* Poster presented at the 12th annual meeting of the Society for Personality and Social Psychology, San Antonio, Texas, United States.

Outten, H. R., & Schmitt, M. T. (2010, April). *Coping options and life satisfaction: The role of group status.* Poster presented at the Western Psychological Association's 90th annual convention in Cancun, Mexico.

Outten, H. R., Schmitt, M. T., Miller, D.A., & Garcia, A. L. (2010, January). *The effects of perceived demographic changes on intergroup emotions and racial identification among Whites in North America.* Poster presented at the 11th annual meeting of the Society for Personality and Social Psychology, Las Vegas, Nevada, United States.

Outten, H. R., Schmitt, M. T., Garcia, D. M., & Branscombe, N. R. (2008, February). *Linking identification and psychological well-being among African Americans: Assessing the role of coping appraisals.* Poster presented at the 9th annual meeting of the Society for Personality and Social Psychology, Albuquerque, New Mexico, United States.

Outten, H. R., Pinegar, S., & Schmitt, M. T. (2007, May). *History shaping present beliefs? Perceptions of U.S. history and social dominance orientation as predictors of hierarchy-legitimizing beliefs.* Poster presented at the annual meeting of Northwest Cognition and Memory (NOWCAM), Burnaby, British Columbia, Canada.

Outten, H. R., Lalonde, R. N., & Giguère, B. (2006, January). *Race does matter: The role of racial salience, race and racial identity in perceiving possible instances of discrimination.* Poster presented at the 7th annual meeting of the Society for Personality and Social Psychology, Palm Springs, California, United States.

Outten, H. R., Lalonde, R. N., & Giguère, B. (2005, April). *The role of racial salience, race and racial identity in perceiving possible instances of discrimination.* Poster presented at the 35th Ontario Psychology Undergraduate Thesis Conference, Peterborough, Ontario, Canada.

INVITED TALKS

Outten, H. R. (2018, April). *Majority group members' psychological responses to future demographic changes: Findings from the United States, Canada and Portugal*. Invited talk at the Department of Psychology, Connecticut College, New London, Connecticut, United States.

Outten, H. R. (2013, July). *How can we all just along? The psychology of diversity and intergroup contact*. Invited talk at the ISCTE Business School, Lisbon, Portugal.

Outten, H. R. (2012, January). *More than an individual effort: Group-based options for coping with discrimination affect well-being among historically disadvantaged groups*. Invited talk at the Department of Psychology, University of Massachusetts-Boston, Boston, Massachusetts, United States.

DEPARTMENTAL TALKS

Outten, H. R. (2013, October). *Not so great expectations? Majority's psychological reactions to projected ethnic demographic changes*. Lisbon Seminars in Social Psychology, Institute of Social Sciences, Lisbon, Portugal.

Outten, H. R. (2013, July). *Majority group members' responses to anticipated racial demographic changes in Western countries*. Social Psychology Area Meeting, Institute of Social Sciences, Lisbon, Portugal.

Outten, H. R. (2012, March). *To engage or disengage? How group-based coping options explain the relationship between group identification and well-being among disadvantaged groups*. Social Area Brown Bag, Simon Fraser University, Burnaby, British Columbia, Canada.

Outten, H. R. (2011, January). *Feeling threatened about the future: Whites' emotional reactions to anticipated ethnic demographic changes*. Social Area Brown Bag, Simon Fraser University, Burnaby, British Columbia, Canada.

Outten, H. R. (2007, November). *Coping options: Missing links between minority group identification and psychological well-being*. Social Area Brown Bag, Simon Fraser University, Burnaby, British Columbia, Canada.

TEACHING EXPERIENCE & TRAINING**Lecture & Seminar Courses**

Introduction to Psychology

- Trinity College, Spring 2018; Fall 2017; Spring 2017; Fall 2016; Spring 2016; Fall 2015

Intergroup Relations

- Trinity College, Spring 2018; Spring 2017
- University of Lisbon, Spring 2015 (co-taught with Dr. Jorge Vala and Dr. Rui Costa-Lopes)
- Simon Fraser University, Summer 2012

Cultural Psychology

- Trinity College, Fall 2018; Fall 2017; Fall 2015

Environmental Psychology & Sustainability

- Trinity College, Fall 2017; Spring 2016

Social Psychology

- Trinity College, Fall 2018; Fall 2016

Labs

Social Psychology

- Trinity College, Fall 2018; Fall 2016

Psychological Research Methods

- Simon Fraser University, Spring 2011; Fall 2010; Summer 2008; Fall 2007

Critical Issues in Psychology

- Simon Fraser University, Summer 2007

Introduction to Psychology

- Simon Fraser University, Spring 2007; Fall 2006

Training Certifications

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| 2011 | Certificate in University Teaching and Learning program (CUTL)—senate approved course, September 6-December 6, Simon Fraser University, Burnaby, British Columbia. |
| 2011 | Completed an Instructional Skills Workshop (ISW) on lecturing in university (received certificate of completion), August 24-August 26, Simon Fraser University, Burnaby, British Columbia. |

UNDERGRADUATE THESIS SUPERVISION

Ferguson, Z. (2017-2018). Americans' attributions about a mass shooting and its perpetrator: The role of the perpetrator's cultural background. Psychology Department, Trinity College.

Lee, T. (2017-2018). Why can't you guys be like them? Model minority myth salience heightens White Americans' negative perceptions of Black Americans and reduces support for affirmative action. Psychology Department, Trinity College.

Muse, S. (2017-2018). Do Trinity students involved in Greek life appraise themselves, others, Trinity College and society differently than non-Greeks do? Psychology Department, Trinity College.

Dorsey II, P. B. (2016-2017). The effect of single mothers' marital status on sympathy, character evaluations, and maternity leave support. Psychology Department, Trinity College.

Lawrence, M. E. (2016-2017). The interplay between gender ideology, gender identity and distinctiveness threat in cisgender women's emotional responses toward trans women's acceptance into women's colleges. Psychology Department, Trinity College.

RESEARCH ASSISTANTS

Marcella E. Lawrence, Spring 2016; Summer 2016
Timothy Lee, Spring 2016; Fall 2016

PROFESSIONAL SERVICE

Ad Hoc Journal Reviewer

- Journal of Happiness Studies, 2018
- Environment & Behavior, 2016
- European Journal of Social Psychology, 2015
- Group Processes and Intergroup Relations, 2015
- Journal of Applied Social Psychology, 2012, 2015
- Journal of Black Psychology, 2008, 2013
- Journal of Ethnic and Migration Studies, 2013
- Journal of Experimental Social Psychology, 2013
- Personality and Social Psychology Bulletin, 2013
- British Journal of Social Psychology, 2011
- Social Psychological and Personality Science, 2011

Ad Hoc Research Grant Reviewer

- Reviewer for the National Science Foundation (USA) grant proposals, 2018
- Reviewer for ISCTE—Instituto Universitário de Lisboa (Portugal) PhD research fellowship applications, 2015

Conference Submission Reviewer

- Reviewer of single presenter submissions to the 2019 Society for Personality and Social Psychology Conference, 2018

UNIVERSITY & DEPARTMENTAL SERVICE

Jury Pool, 2018-current

Research Education and Advisory Group—Psychology Department Representative, Trinity College, 2016-2017

Minty Nest Faculty Mentor, Bantam Network, Trinity College, 2016-2018

PROFESSIONAL AFFILIATIONS

Psi Chi, 2018-

International Association for Cross-Cultural Psychology, 2016-

International Society for Political Psychology, 2014-

Association for Psychological Science, 2012-

Society for the Psychological Study of Social Issues, 2007-

Society for Personality and Social Psychology, 2005-

PROFESSIONAL TRAINING

Summer Institute in Social Psychology (SISP): *Emotions in Group and Intergroup Contexts* (July, 2009), Society for Personality and Social Psychology, Evanston, Illinois, United States.

MEDIA COVERAGE

Vox (2017, January 28). White fear of demographic change is a powerful psychological force: Increasing diversity could make America a more hostile place. <https://www.vox.com/science-and-health/2017/1/26/14340542/white-fear-trump-psychology-minority-majority>

REFERENCES

Dr. Jorge Vala, Professor,
Institute of Social Sciences,
University of Lisbon, Av. Professor Aníbal de
Bettencourt, 9 1600-189 Lisbon, Portugal
Phone: (+351) 217-804-820;
E-mail: jorge.vala@ics.ul.pt

Dr. Michael T. Schmitt, Associate Professor,
Department of Psychology
Simon Fraser University, 8888 University
Drive, Burnaby BC, Canada V5A 1S6
Phone: (+1) 778-782-6864;
E-mail: mschmitt@sfu.ca

Dr. Stephen C. Wright, Professor,
Department of Psychology
Simon Fraser University, 8888 University
Drive, Burnaby BC, Canada V5A 1S6
Phone: (+1) 778-782-4342;
E-mail: scwright@sfu.ca

Dr. Richard N. Lalonde, Professor,
Department of Psychology
York University, 258 Behavioural Sciences
Building, 4700 Keele Street Toronto,
ON, Canada M3J 1P3
Phone: (+1) 416-736-2100 ext.66281;
E-mail: lalonde@yorku.ca